

Running 44@60 Podcast - Marathon Quiz 26.2 questions

1. The first competitive marathon was held at which Olympics?
2. At which Olympics was the marathon distance of 26 miles 385 yards run for the first time? 1896, 1904, 1908, 1912?
3. Why did it end up being that exact distance?
4. When was the first London marathon run - 1979, 1980, 1981 or 1982?
5. Which two men crossed the finish line together as joint winners?
6. The first London women's race (same year as the men) was won by which UK runner - who would also win London again in 1982?
7. Paula Radcliffe won London in 2002, 2003 and 2005 - which Scottish female runner won in 1996?
8. When did women first run an Olympic marathon - 1976, 1980, 1984 or 1988?
9. Who was the winner of that race - was it Ingrid Kristiansen, Rosa Mota, Joan Benoit or Grete Waitz?
10. In what year did Paula Radcliffe set a women's marathon record which wasn't broken until October 2019 - 2002, 2003, 2004 or 2005?
11. Who broke Paula's record?
12. What brand and type of shoes did Eliud Kipchoge wear when he went under two hours in the non-official marathon?
13. In which city did that run take place?
14. In which cities do the big six marathon 'majors' take place?
15. Why is Kathrine Switzer famous in marathon running?
16. The Boston marathon qualifying times have which difference between men and women across all age groups - 20, 25 or 30 minutes?
17. Of the current top 25 all time fastest male marathon runners only Kaan Ozbilen is not from Kenya or Ethiopia. Where is he from- is it Morocco, Turkey or Argentina?
18. Where does the Cornish Marathon start from?
19. Which of the following cities in the UK doesn't host a marathon – Manchester, Brighton, Cardiff, York, Sunderland

20. If a marathon is 26 miles and 385 yards and you ran at 10 minute mile pace throughout what would be your finish time?
21. Who was the last British man to hold the world marathon record - clues: it was 1984, his record run of 2:08:05 took place in Chicago - he was born in Tredegar in South Wales. (he also won London in 1985 despite stopping for a loo break on the way round)
22. The last UK runner (male or female) to win an Olympic Marathon medal was Basil Heatley winning Silver at Tokyo 1964 - 4 mins behind Ethiopia's legendary Abebe Bikila who was defending his title. **Update on this question from the podcast** - I have now discovered (thanks Mike Wilson) that Charlie Spedding was the last GB marathon medalist in 1984 - the question is now 'Which UK runner (male or female) since Charlie Spedding has come closest to an Olympic marathon medal? - clue: in the same race the runner who was leading (and would eventually finish 3rd) was attacked on the course at the 22 mile point by a drunken Irish priest.
23. Which British adventurer in 2003 completed 7 marathons in 7 days on 7 continents despite having had a heart attack and a subsequent double heart bypass operation only 4 months earlier?
24. Titus Mamabola currently holds the the record for a marathon run by a man 50+ in 2:19:29 - set in 1991 - which country is he from? South Africa, Morocco or Brazil
25. Tatyana Pozdnyakova currently holds the the record for a marathon run by a woman 50+ in 2:31.05 - set in 2005 - which country is she from? Moldova, Ukraine or Latvia
26. In the Run Britain marathon rankings for 2020 (as of April 11th) Nick Earl from Norwich is placed 2nd. What running record in the Truro area does he currently hold?
- 26.2 What is 26.2 miles in kilometres - rounded up to one decimal place